

AGENCY	WHO CAN ACCESS	HOW TO CONTACT
Citizens Advice and Rights	Anyone	0345 140 0095 (10am to 3pm Monday
Fife		to Friday)
		Cabfife.org.uk
Fife Council Welfare	Anyone	Can be contacted via Community
Support Officers		Centres, Adult Basic Education
		courses, Schools or telephone 01334
		659350
Fife Council Housing	Fife Council tenants	Contact housing officer directly or
Services		telephone 03451 550033
Housing Association	Housing Association	Contact housing officer directly or
	tenants	telephone
		<b>Kingdom Housing</b> 01592 630922
		kingdomhousing.org.uk
		Fife Housing 08000 274007
		fifehg.org.uk
		<b>Glen Housing</b> 01592 621188
		glenhousing.co.uk
Fife Council Customer	Anyone	Drop in at 96 Wellesley Road, Methil
Service Centre		KY8 1HT
		Mon/Tue/Thu/Fri 9am to 5pm
		Wed 10am to 5pm
		Closed 12noon to 1pm Mon to Fri
Scottish Welfare Fund	Anyone applying for a	Telephone 0300 555 0265
	crisis grant or community	fife.gov.uk/kb/docs/articles/benefits-
	care grant	and-money-advice/crisis-and-
		community-care-grants
Social Work	Anyone engaging with a	Contact social worker directly or
	social work team.	telephone 0345 155 1503
Health Visitors	Anyone with pre-school	Contact health visitor directly or
	age family	telephone 01592 717813

## Other sources of support

Advice on a range of topics related to the cost of living can be found at our.fife.scot/gethelp or by calling the Community Support Line on 0800 952 0330 (Monday-Friday 9am-5pm).

A drop-in advice service attended by CARF and the Welfare Support team is available every Monday 2pm to 4pm at Buckhaven Community Centre.

Check your entitlement to benefits by using Fife Council's benefit checker tool at fife.entitledto.co.uk/home/start.

The Worrying About Money leaflet available from the foodbank and community centres provides useful information on where to receive help with a range of financial issues.

The Scottish Welfare Fund can provide a cash grant in event of financial hardship. Visit fife.gov.uk/kb/docs/articles/benefits-and-money-advice/crisis-and-community-caregrants or telephone 0300 555 0265 for further information.